



About Us

Children by Choice (CbyC) is an independent non-profit organisation, committed to providing unbiased information on all pregnancy options – abortion, adoption and parenting. Our primary objective is to ensure that women and pregnant people who experience hardship or distress with a pregnancy receive high-quality decision-making counselling, evidence-based information, material aid, and referral. In addition to this mission, Children by Choice seeks to empower people and communities to exercise reproductive health choices and to remove the discriminatory social, legal, clinical and policy barriers that pregnant people may face when seeking access to accurate information, support and services for their reproductive choices.

Our Mission

To be leaders in advancing reproductive autonomy and access to compassionate abortion

Our Vision

People can freely and safely
make their own
reproductive and sexual
health choices without
barriers

Our Values

Our values are core to everything we do at Children by Choice. They underpin our organisational vision and mission, and guide our everyday decisions and actions.

Pro Choice Collaborative Compassionate Feminist Integrity

Our Core Work



Children by Choice is funded by the Queensland Department of Justice and Attorney General to deliver:

Prevention, capacity building and awareness-raising

System support includes a suite of activities to build the knowledge and capacity of individuals, professionals and the broader service systems so they respond effectively to gender-based violence, and health and wellbeing issues.

To promote a joined-up and holistic response to those affected by gender-based violence, and health and wellbeing issues, services actively promote cross-agency partnerships and collaboration and participate in integrated service delivery arrangements. This includes engagement with relevant government and non-government agencies to facilitate and coordinate appropriate and consistent responses to women affected by a range of gender-based safety and wellbeing issues.

Counselling, information and referral services

Our health and wellbeing support services provide trauma-informed support and counselling to women and pregnant people to achieve better well-being. This service type recognises the impact of women's experience of violence and trauma on their health and wellbeing, prioritising support for women or pregnant people with experiences of domestic and family violence, and other forms of gender-based violence.



Reproductive Rights and Abortion Conference

We are holding the 2022 Reproductive Rights and Abortion Conference at the Brisbane Convention and Exhibition Centre on Thursday 8 Friday 9 August 2024.

QR code below or visit our website - https://www.childrenbychoice.org.au/2024-conference/

The conference brings together health and community professionals working with anyone experiencing unplanned pregnancy, and those interested in or working in contraception and abortion provision across Australia to advance their skills and expertise in this area of reproductive health. The conference is also a unique time for the sector to come together and share experiences and discuss national and local responses.







Our Projects

Digital RCA Project

The Interactive Comprehensive Contraception Resource is a web-based tool designed to guide individuals in understanding and deciding on contraception options in Australia. Developed within a co-design framework involving medical practitioners and domestic violence specialists, the tool ensures medically accurate information. This tool will also screen for reproductive coercion and recommend lower-risk contraceptive options, maintaining control over their reproductive choices.

Gender Spectrum Project

This project aims to create educational resources for health professionals and gender diverse individuals on pregnancy options and reproductive rights. The project's participatory approach ensures responsiveness to community needs, guiding resource development through focus groups.

<u>Abortion Support Person Project</u>

In collaboration with Sexual Health Victoria, CbyC has launched a new Abortion Support Person Project. This will support consumers in feeling confident in advocating, supporting and loving their friends and family members through their abortions.

Our fee for service training and education

- Introduction to non directive pregnancy options
- Introduction to reproductive coercion and abuse
- Introduction to post-abortion support
- Introduction to Reproductive Rights work



Easy English Resources

Resources to support the understanding on pregnancy options, contraception and reproductive coercion and abuse for people with intellectual and learning disabilities.





Language Guide

Our team developed a Language Guide with an overview of key recommended terms we believe are best practice in the sector to date. Children by Choice uses these preferred terms in our work to talk about our services, clients and associated concepts.

Multicultural Resources

Culturally appropriate and in-language resources on topics of reproductive health, understanding access to abortion in Queensland and recognising the signs of reproductive coercion and abuse.



Reproductive Coercion and Abuse

Information to increase people and practitioners knowledge to recognise the signs of reproductive coercion and abuse.

Download all the printable resources from our website.





Research Priorities

Children by Choice is committed to advancing the evidence base on abortion, contraception and reproductive coercion and abuse in Australia. We have a dedicated Research Officer on staff and regularly use our data to publish articles, case studies and information.

Our 2023 research priorities include understanding the reproductive healthcare experiences of Queensland women with intellectual disabilities, publishing a collation of best-practice evidence on pregnancy options counselling from around the world, and conducting and publishing evaluation of our online abortion and contraception providers map.

Papers

Be the first one to read the new findings from our research team and collaborators. Stay up to date with the best practices and recommendations.

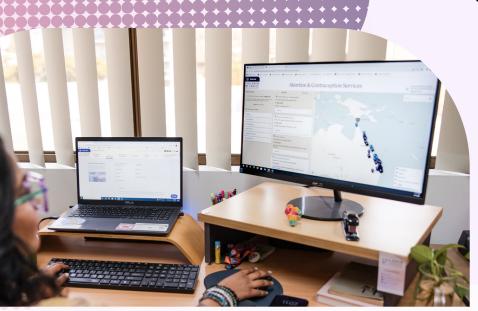


Reconciliation Action Plan

Chidlren by Choice launched their RAP for 2023–2024 early last year. We have worked as a feminist organisation for 50 years and more recently focused on a Reflect RAP to enhance inclusivity and connection with First Nations communities. We have established internal working groups and engaged external consultants for cultural competency workshop. Leadership, especially from the CEO, plays a crucial role in this process of building relationships and fostering genuine partnerships to create an inclusive future. If you would like to see a copy of our RAP, please use the QR code below or visit our webiste – https://www.childrenbychoice.org.au/organisational-

information/rap/





Abortion and Contraception Services Online Map

The Abortion and Contraception Services Map allows individuals and professionals to find services in Queensland to access abortion or contraception. We are continually updating this map and invite all providers to register to be included.



Donate

We aim to promote Reproductive Justice in Australia and globally. While some of our work is government-funded much of it isn't, particularly financially supporting people to receive comprehensive and compassionate healthcare when accessing abortions.

Donating to these initiatives is a very important way of showing your support for our work.







Contact Information

Counselling team: advocacy@childrenbychoice.org.au

Education team: ed@childrenbychoice.org.au

Admin: admin@childrenbychoice.org.au

Contact us 1800 177 725 www.childrenbychoice.org.au

Children by Choice acknowledges Aboriginal and Torres Strait Islander peoples as the Traditional Custodians of Country throughout Australia and the continuing connection to lands, waters and communities.

In particular, we acknowledge the country north and south of the Brisbane River, as the home of both the Turrbul and Jagera nations. We pay our respect to them, their culture, and to their Elders both past and present.

ALWAYS WAS, ALWAYS WILL BE ABORIGINAL LAND